



SKINCARE S.O.S

**Clinique's** new Superdefense Night Recovery Moisturizer, €54, fights against the early signs of aging by preventing damage caused by pollutants. The overnight cream also contains a potent blend of ingredients to stimulate collagen production, and hydrate. It's available in two formulas, one for Very Dry to Dry Combination, and one for Combination Oily to Oily skin



HOT PRODUCT

This **Blank Canvas** Cosmetics Master Series One Palette is like something straight out of our makeup dreams. The array of warm, matte neutrals will work with any complexion, any hair colour and any eye shade beautifully, and the pigment really packs a punch. €34.99 at [www.blankcanvascosmetics.com](http://www.blankcanvascosmetics.com).



THE BEAUTY INSIDER

Emma Farrell of EF Creative Studios, South Lott's Road, Dublin 4; [www.efcreativestudios.com](http://www.efcreativestudios.com)

**I FEEL BEAUTIFUL WHEN...**I make an effort to do my hair and makeup for a night out. **THE BEST BEAUTY ADVICE I'VE EVER RECEIVED IS...**to always cleanse and moisturise your skin properly before going to bed. I love Clarins Pure Melt Cleanser, which I use with a facecloth. This removes all the makeup from the day and ensures my skin is really clean. I then apply a luxurious Orange & Ylang Ylang Night Balm by You Organics to my face and neck. **MY BIGGEST BEAUTY MISTAKE WAS...**wearing too much heavy makeup when I was younger. I wanted to cover my spots so wore heavy foundations that just irritated my skin and made my condition worse. It took a while, but I learned that when it comes to foundation, less is more. **MY BEST BEAUTY SPOT IS...**well I have a soft spot for EF Creative Studios, of course, which is now open a year and is going from strength to strength. I love being able to offer make-up applications at a reasonable cost and see clients leave feeling great about themselves. **MY THREE FAVOURITE BEAUTY PRODUCTS ARE...**Physicians Formula Lash Boosting Eyeliner, L'Oreal's La Vie En Rose Lipstick Collection and MAC Waterweight Foundation. **THE IRISH CELEBRITY WHO HAS HER MAKEUP DOWN TO A TEE IS...**Jenny Buckley. She always looks great and always has a smile on her face, which I think is the best makeup of all. **V**

VIP Beauty REPORTER

TREND TO TRY

What with the heating on full blast, it's important to keep our skin as hydrated as possible. Hydrated skin is a must for perfect makeup application too, so make sure your Valentine's Day face is flawless with these hydrating primers below

LA BASE PRO HYDRA GLOW PRIMER, €36 BY LANCÔME

HAPPY LIGHT LUMINOUS SERUM PRIMER, €15.99 BY BOURJOIS

PHOTO FINISH HYDRATING PRIMER, €35 BY SMASHBOX



BUDGET BEAUTY

**The Body Shop's** British Rose Instant Glow Body Essence, €25.50, is an ultra light body lotion which provides 24 hour hydration all the while leaving skin soft, smooth and smelling delicious. It also delivers a sexy sheen worthy of a Victoria Secret model!



**This month ViP Beauty Editor Ciara...** sampled the ZO Stimulator Peel, a 'no downtime' peel, loved by celebrities for a pre-red carpet quick skin fix. The peel, which contains a powerhouse blend of ingredients, including lactic acid, salicylic acid and Vitamin C, all of which aid in reducing fine lines, improving clarity and tone, and promoting luminosity; left my skin visibly smoother, radiant and plumper – seriously impressed. The 30-minute treatment costs €120, and the peel paired with a luxurious ZO facial is €180. Mr Richard Hanson and Ms Siun Murphy, Consultant Plastic Surgeons, offer this service with Bronwyn Malone, facial aesthetician, at Blackrock Aesthetics, Suite 35 Blackrock Clinic. See more at [www.drsiunmurphy.com](http://www.drsiunmurphy.com).